ADOPT-A-LANDSCAPE PROGRAM SAFETY REQUIREMENT/ACKNOWLEDGEMENT



GROUP NAME						
GROUP CONTACT						
PHONE NUMBER		MEETING DATE				
STREET ADDRESS				PERMIT	PERMIT NUMBER	
CITY		STATE		ZIP CO	ZIP CODE	
NAME (No initials)	ADDRESS		AGE	REVIEWED SAFETY REQUIREMENTS Page 2		

I certify the above individuals have all received and reviewed the safety requirements

GROUP LEAD SIGNATURE

ALL VOLUNTEERS MUST:

- Conduct a safety meeting for all participants to review the safety rules. The Safety Training Form, (Form 3735) must be completed and sent into your TSC Construction Permit Staff.
- Designate a crew leader to ensure safety rules are followed by everyone. Have a refresher course on safety awareness each time a crew goes out.
- Wear MDOT provided safety vests while working on the roadside. Other clothing should be light colored for increased visibility.
- Be in good health with good sight and hearing. Avoid the use of headsets.
- Be at least 16 years old. Minors age 16 and older must have adult supervision at a ratio of one adult for every three minors.
- Carpool to the site to reduce the number of vehicles on the roadside.
- Not use crossovers in the median to turn vehicles around; instead use the next exit ramp.
- Park all vehicles well off the right shoulder. Do not park on paved shoulders.
- Not park vehicles along curves, on bridges, near or under overpasses, or in highway medians.
- Work only during daylight hours. Stop working in bad weather, especially when there is poor visibility and wet or icy roads.
- Not walk out on the highway and do not enter the roadway or the shoulder areas.
- Not possess illegal drugs or alcohol during work activities.
- Comply with MIOSHA rules.

FOR YOUR SAFETY:

- Be alert and use common sense at all times! Highway traffic travels at high speeds, and most drivers don't expect to see crews working along the roadsides.
- All occupants in vehicles should exit and enter the vehicle on the side opposite traffic.
- Wear substantial leather shoes or boots with good ankle support.
- Wear heavy gloves, a hat and long-sleeved top to avoid sunburn. Sunscreen lotion is recommended for sunny days.
- Watch your footing. Stay off loose stones and steep slopes.
- Keep crews together for better visibility to motorists. Post a person to look out for traffic dangers.
- Face oncoming traffic as you work whenever possible. Be prepared to move out of the way of vehicles in an emergency.
- Avoid overexertion. Drink lots of water, especially on hot, humid days.
- Group sizes should not exceed 25 participants because this could distract the driving public.
- Avoid contact with poison ivy as well as dead animals.
- Don't pick up discarded syringes, hypodermic needles or unidentified containers of liquid.
- Don't try to remove unknown or suspected toxic or hazardous substances. Notify MDOT or the police
 of the location of these items immediately.
- Avoid areas which are being mowed or where other construction or maintenance activities are being conducted.
- Only bonded contractors shall operate power/heavy equipment.

IN CASE OF EMERGENCY:

Be prepared for serious injury. Every crew should have an adequate first aid kit. Select an emergency room/hospital and know the route to it from the work area. Every crew member should have transportation immediately accessible. Use a vehicle with a cellular phone or CB radio if available.